

isostar go far.

ENERGIE



ACTIFOOD

The preferred product of the Cofidis cycling team, Actifood fruit gel provides energy instantaneously.

Its **super-energy formula contains 97.5% carbohydrates**, 70% of the RDA (Recommended Daily Amount) of vitamins C and E, and 16% of vitamin B1. Actifood fruit gel is essential for intense physical activity. It is totally **fat-free**, which makes the carbohydrates work quicker. For those who enjoy their food, **this special recipe contains real fruit chunks**.

Its soft, resealable pouch makes it easy to carry and to consume during physical activity.



When and how to consume Actifood?

Actifood fruit gel is recommended for consumption during training or during repeated or long intense physical activity.
Available in peach or apple.

AVERAGE NUTRITIONAL VALUES: *Flavour: apple.*

	Unit	Content per 100 g	% R.D.A.* per 100 g	Content per pouch	% R.D.A.* per pouch
Caloric value	kCal	192		173	
Caloric value	kJ	817		735	
Proteins	g	0,24		0,22	
Carbohydrates	g	47,5		42,8	
Fat	g	0		0	
Vitamin E	mg	7,8	78 %	7,0	70 %
Vitamin C	mg	46	77 %	41	68 %
Vitamin B1	mg	0,25	18 %	0,23	16 %

* R.D.A.: Recommended Daily Allowance

LIST OF INGREDIENTS:

Water, dried glucose syrup, apples 17.7% (dried chunks and purée), glucose syrup, sugar, thickening agent: pectins, concentrated lemon juice, modified starch, flavouring, vitamins: C, E and B1, maltodextrin, creamed rice, preservative: sulphur dioxide.

EXPIRY DATE: 12 months after product manufacture.

NET WEIGHT: 90g.

PACKAGING: small pouch.

Discover the rest of the Energie range

